

A thread regarding the news of the CDC's new guidelines

@denHolicmama, Twitter, 12 August 2022

New COVID-19 guidance from CDC focuses on individual decisions

- Those exposed to the virus are no longer required to quarantine.
- Unvaccinated people now have the same guidance as vaccinated people.
- Students can stay in class after being exposed to the virus.
- It's no longer recommended to screen those without symptoms.

In no particular order...:

I was not allowed to volunteer at my kids' schools for over a year because I wasn't vaccinated.

A family refused to carpool with us because they said they were "uncomfortable" with their son sharing a car with us. We had been ratted out by a mutual friend who said to the other mom "well, you do know they aren't vaccinated, right?". (Trust, shattered)

We were uninvited by good friends to share a vacation house with them; a long standing tradition was ended over medical choice. They all got Covid anyway, of course.

My daughter couldn't attend a theater production with her school's theater company because @DenverCenter rules.

50% of the restaurants (and many businesses) in our neighborhood were off limits to us. I won't forget which ones.

We had to eat ice cold lunches, out of a backpack huddled outside with frozen hands when we skied at a @vailmtn resort because we weren't allowed inside the lodges.

I could never get warm. I bailed on the rest of the season after just using 2 days of my pass- wasn't worth it.

I wasn't allowed to stay in a hotel or eat in any restaurant for a work trip to DC; I had to cancel it altogether as it made travel there impossible.

My husband, having trained already for 6 months, was banned from participating in an Ironman event.

A group of his friends told him over text that he was endangering them and their families and they told him he couldn't stay in the Airbnb with them for a trip they had been planning. They no longer speak to him.

I was called a conspiracy theorist by dear friends and was left in the dust by them socially. I would have given one of my kidneys to these friends; they cut me off over a vax that didn't stop transmission or infection.

My teens experienced unbelievable amounts of stress regarding "being found out" by their peers for not being vaxxed. They usually lied and said they were in order not be shunned or called the derogatory and bigoted term of "anti-vaxxer". I didn't blame them.

We didn't book a trip to a friend's son's bar mitzvah in NY because we wouldn't have been allowed inside the venue. By the time NYC dropped the mandate, it was too late to book travel. (I still wouldn't be allowed to work there because #Science).

I was disinvited to annual women's fitness trip that I had been attending for years because of my personal medical choices and despite having already had Covid. I was told I could attend this next one "as long as the guidance doesn't change". How generous.

Oh and my husband was fired from his job at a Fortune 500 for not getting vaxxed despite the fact that he worked 100% from home and offered to test before any meetings or travel. (This rule only applied to US employees except for those in Texas, because #Science.)

So, yes, I am seething a bit right now having read the CDC's new guidance knowing that this was what the guidance should have been all along (minus the ridiculous masking). I want apologies and I want assurances that this won't happen again. I know that won't come though.